

October 2026

Adults' EVENTS GUIDE

Beale Memorial Library

Find Us!

701 Truxtun Avenue
Bakersfield, CA 93301

www.kernlibrary.org

Contact Us!

Phone
661-868-0701

Email
info@kernlibrary.org

Hours

Monday - Thursday	10:00 a.m. - 7:00 p.m.
Friday	10:00 a.m. - 6:00 p.m.
Saturday	10:00 a.m. - 4:00 p.m.

Support Our Programs!



Join Our Newsletter!

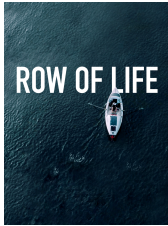


Find us on social!



KERN
COUNTY
LIBRARY

Events for Adults



PFLAG Bakersfield Presents Row of Life

THURSDAY, OCTOBER 1 | 6:00-8:30 P.M.

Bakersfield PFLAG presents a film screening of Row of Life, a 2026 documentary that follows Marine Corps veteran, three-time Paralympian, and 14-time Guinness World Record holder Angela Madsen on her final, solo row across the Pacific Ocean.



Cherokee Community of Central California Meeting

SATURDAY, OCTOBER 3 | 10:30-1:00 P.M.

The Cherokee Community of Central California (CCCC) is a community of Cherokees and of other people who are interested in Cherokee culture, heritage, tradition and fellowship.



Chair Exercises with the Independent Living Center of Kern County

WEDNESDAY, OCTOBER 7 | 10:30-11:30 A.M.

Break a sweat with us and the Independent Living Center of Kern County.



Veterans Connect @ Beale Memorial Library

WEDNESDAY, OCTOBER 7 | 12:00-4:00 P.M.

Meet with a Vet Center representative to get information on insurance benefits, health and wellness services, community support groups, financial assistance, and education, vocational & job training assistance



Yoga w/ Claudia

MONDAY, OCTOBER 12 | 5:30-6:30 P.M.

Enjoy an hour of yoga with a certified yoga instructor!

Fridays

Overeaters Anonymous

FRIDAYS | 10:15-11:00 A.M.

A 12-step fellowship for individuals who struggle with compulsive eating behaviors, including overeating, binge eating, anorexia, and bulimia. It offers a supportive, non-judgmental community where members share their experiences, strength, and hope to help each other recover physically, emotionally, and spiritually.



Media Literacy

FRIDAYS, OCTOBER 2, 16 & 30 | 4:00-6:00 P.M.

Let's learn to read media the way we read books! Explore how TV, film, advertisements, and the Internet leave behind influential messages that not only affect us personally, but shape how we view others and the world.

Creative Writing Workshop

FRIDAYS, OCTOBER 9 & 23 | 4:30-5:30 P.M.

An opportunity for writers of all backgrounds to generate ideas and stimulate creativity. The setting will be informal and may have a theme. There will typically be a writing prompt and discussion.



Saturdays



Dungeons & Dragons

SATURDAYS, OCTOBER 3, 17 & 31 | 1:00-3:00 P.M.

Join us for Dungeons and Dragons! D&D is collaborative tabletop RPG where you create characters and embark on epic adventures guided by a Dungeon Master. Engage in storytelling, strategy, and dice-based combat where your choices shape the narrative. Let's roll!

Mondays



Seniors' Guide to Gadgets

MONDAYS | 2:00-4:00 P.M.

A personalized program that empowers senior citizens to confidently navigate the digital world. One-on-one, 30-minute sessions offer tailored support to enhance technical skills in a friendly environment. (by appointment only)

Tuesdays

Baby Cafe

TUESDAYS | 11:30-1:30 P.M.

Free, professional help with breastfeeding, pumping, and bottle feeding.



babycafé
USA



Free Legal Help

TUESDAYS | 5:30-6:30 P.M.

One-on-one free legal help with Victor Vevea.
Sign-ups start at 4:30pm.

Wednesdays

Toastmasters Public Speaking Workshop

WEDNESDAYS | 11:30-12:30 P.M.

Toastmasters representatives provide a fun, safe, supportive environment for library patrons to practice public speaking skills.



WHERE LEADERS ARE MADE

Citizenship Study Group - Grupo de estudio para la ciudadanía

WEDNESDAYS (MIERCOLES) | 5:30-6:30 P.M.

Grupo de estudio para la ciudadanía. Practicamos la lectura, la escritura y la expresión oral en inglés mientras estudiamos para el examen de naturalización del USCIS. Este grupo de estudio se desarrolla principalmente en inglés, aunque la disponibilidad de traductores de español varía.



Events for Adults

Drop-pin Sewing Studio

THURSDAY, OCTOBER 15 | 4:00-6:00 P.M.

Bring your sewing project to the library this Thursday at 4:00 PM for our Drop-pin Sewing Studio Program! Socialize and exchange ideas with others in the sewing community. We encourage attendees to bring their own materials for their projects because supplies are limited. We hope to see you



Junk Journaling

MONDAY, OCTOBER 19 | 4:00-5:00 P.M.

Use materials, like old papers, ticket stubs, magazine clippings, and even candy wrappers, and turn them into a unique journal. You can glue, paint, write, and attach items to create a story or preserve memories, express creativity and transform ordinary scraps into something extraordinary.



Ukulele Club

MONDAY, OCTOBER 19 | 5:00-6:45 P.M.

Join members of the community to share and learn how to play the ukulele!



Mushroom Farming 101

SATURDAY, OCTOBER 24 | 2:00-3:00 P.M.

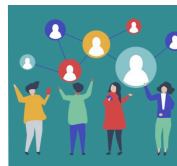
Looking for the perfect fall crop? Learn the basics of growing mushrooms at home in this beginner-friendly workshop. Discover how fungi grow, explore simple cultivation methods, and gain practical tips for starting your own mushroom-growing journey. Perfect for home gardeners and commercial farmers alike!



Peer-to-Peer Networking with the Independent Living Center of Kern County

WEDNESDAY, OCTOBER 28 | 2:00-3:00 P.M.

Join us for peer-to-peer networking facilitated by the Independent Living Center of Kern County. This is a great opportunity to connect with others in a safe and welcoming environment!



Craft & Chat

WEDNESDAY, OCTOBER 28 | 5:00-6:00 P.M.

Join us for a fun crafts and good convo here at the library!



OCTOBER

2026

			thursday	friday	saturday
			1. 6:00 Bakersfield PFLAG Film Screening: Row of Life	2. 10:15 Overeaters Anonymous 4:00 Media Literacy	3. 10:30 Cherokee Community of Central California Meeting 1:00 Adult D&D
monday	tuesday	wednesday			
5. 2:00 Senior Tech Help (By appointment only)	6. 11:30 Baby Cafe 5:30 Free Legal Help	7. 10:30 Chair Exercises 11:30 Toastmasters 12:00 Vet Connect 5:30 Citizenship Study Group	8. 3:30 Volunteer Orientation	9. 10:15 Overeaters Anonymous 4:30 Creative Writing Workshop	10.
12. 2:00 Senior Tech Help (By appointment only) 5:30 Yoga w/ Claudia	13. 11:30 Baby Cafe 5:30 Free Legal Help	14. 11:30 Toastmasters 5:00 Craft & Chat: Corn Husk Bats 5:30 Citizenship Study Group	15. 4:00 Drop-Pin Sewing Studio	16. 10:15 Overeaters Anonymous 4:00 Media Literacy	17. 1:00 Adult D&D
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26. 2:00 Senior Tech Help (By appointment only)	27. 11:30 Baby Cafe 5:30 Free Legal Help	28. 11:30 Toastmasters 2:00 Peer-to-Peer Networking 5:00 Craft & Chat: Mason Jar Lid Pumpkin 5:30 Citizenship Study Group	29. 	30. 10:15 Overeaters Anonymous 4:00 Media Literacy	31. 1:00 Adult D&D