

August 2026

Adults' EVENTS GUIDE

Beale Memorial Library



Find Us!

701 Truxtun Avenue
Bakersfield, CA 93301

www.kernlibrary.org

Contact Us!

Phone
661-868-0701

Email
info@kernlibrary.org

Hours

Monday - Thursday
Friday
Saturday

10:00 a.m. - 7:00 p.m.
10:00 a.m. - 6:00 p.m.
10:00 a.m. - 4:00 p.m.

Support Our Programs!



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Find us on social!



KERN
COUNTY
LIBRARY

Events for Adults



Cherokee Community of Central California Meeting

SATURDAY, AUGUST 1 | 10:30-1:00 P.M.

The Cherokee Community of Central California (CCCC) is a community of Cherokees and of other people who are interested in Cherokee culture, heritage, tradition and fellowship.



Chair Exercises with the Independent Living Center of Kern County

WEDNESDAY, AUGUST 5 | 10:30-11:30 A.M.

Break a sweat with us and the Independent Living Center of Kern County.



Veterans Connect @ Beale Memorial Library

WEDNESDAY, AUGUST 5 | 12:00-4:00 P.M.

Meet with a Vet Center representative to get information on insurance benefits, health and wellness services, community support groups, financial assistance, and education, vocational & job training assistance



Craft & Chat

WEDNESDAYS, AUGUST 5 & 19 | 5:00-6:00 P.M.

Join us for a fun crafts and good convo here at the library!

August 5: Paint Night

August 19: DIY Book Bedazzling



Game Knight Guild

THURSDAYS, AUGUST 6 & 20 | 5:30-7:00 P.M.

Adults! Join Drake for a fun night where we get together to learn and enjoy new board and card games. No experience necessary. Games supplied at program



Friends of the Library Book Sale

FRIDAY, AUGUST 7 | 11-5:30 & SATURDAY, AUGUST 8 | 10:00-3:30 P.M.

Discover your next great read while supporting your local library! The FOL Book Sale features gently used books including bestsellers, classics, children's books, cookbooks, mysteries, history, and more! Every purchase helps fund library programs that benefit readers of all ages. Come shop and support the library!

Events for Adults



Peer-to-Peer Networking with the Independent Living Center of Kern County

WEDNESDAY, AUGUST 26 | 2:00-3:00 P.M.

Join us for peer-to-peer networking facilitated by the Independent Living Center of Kern County. This is a great opportunity to connect with others in a safe and welcoming environment!



Clase de Inglés Para Principiantes

MONDAYS | 6:00-7:00 P.M.

Learn the basics of the English language (for Spanish speakers).



Seniors' Guide to Gadgets

MONDAYS & TUESDAYS | 2:00-4:00 P.M.

A personalized program that empowers senior citizens to confidently navigate the digital world. One-on-one, 30-minute sessions offer tailored support to enhance technical skills in a friendly environment.



Baby Cafe

TUESDAYS | 11:30-1:30 P.M.

Free, professional help with breastfeeding, pumping, and bottle feeding.



Free Legal Help

TUESDAYS | 5:30-6:30 P.M.

One-on-one free legal help with Victor Vevea of Bakersfield Paralegal



Toastmasters Public Speaking Workshop

WEDNESDAYS | 11:30-12:30 P.M.

Toastmasters representatives provide a fun, safe, supportive environment for library patrons to practice public speaking skills.



Citizenship Study Group

WEDNESDAYS (MIERCOLES) | 5:30-6:30 P.M.

En este programa para hispanohablantes practicamos materia relevante al examen de naturalización, incluyendo conversación básica en inglés y las 100 preguntas de educación cívica.



Overeaters Anonymous

FRIDAYS | 10:00-11:00 A.M.

A 12-step fellowship for people affected by compulsive eating behaviors, including overeating, binge eating, anorexia, and bulimia. Members support one another by sharing their experiences, strength, and hope in a welcoming, non-judgmental community.

Events for Adults



Creative Writing

FRIDAYS, AUGUST 14 & 28 | 4:30-5:30 P.M.

An opportunity for writers of all backgrounds to explore ideas, spark creativity, and develop their writing in a welcoming environment. Sessions are informal and may revolve around a theme, typically including a writing prompt followed by discussion and the opportunity to share ideas.



Ukulele Club

MONDAY, AUGUST 17 | 5:00-6:45 P.M.

Join members of the community to share and learn how to play the ukulele!



KCGS The Colonies of Kern County

TUESDAY, AUGUST 18 | 1:00-2:30 P.M.

Come learn about the early colonies in Kern County w/Kay Keith.



Ladies' Night @ Beale

THURSDAY, AUGUST 20 | 5:00-6:30 P.M.

Theme: Yoga

Ladies' Night @Beale is back! Join us for yoga and sound bath with Instructor Michele Spencer from Soma + Sound.



Drop-pin Sewing Studio

THURSDAY, AUGUST 20 | 5:00-6:00 P.M.

Bring your sewing project to the library for our Drop-in Sewing Studio! Join fellow sewists to socialize, share ideas, and work on your projects. Two sewing machines will be available, but please bring your own materials, as supplies are limited.



Cherokee Community of Central California: Osiyo!

SATURDAY, AUGUST 22 | 11:00-3:00 P.M.

Information, resource booths, guest speakers, and giveaways for the whole community. Everyone is welcome! Please join us and practice gadugi.

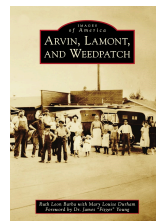


Junk Journaling

MONDAY, AUGUST 24 | 4:00-5:00 P.M.

Using stickers, glue, magazines, markers, pens, and other scrap book items to create unique pages in a journal.

Events for Adults



Images of America AUTHOR TALK-Arvin, Lamont, and Weedpatch

SATURDAY, AUGUST 8 | 11:00-12:00 P.M.

At the southernmost end of California's Central Valley lie Arvin, Lamont, and Weedpatch. The Yokuts were in the area for thousands of years, followed by Spanish, Mexican and Dust Bowl Migrants. Signed book Giveaway!



Dungeons & Dragons

SATURDAYS, AUGUST 8 & 22 | 1:00-3:00 P.M.

Join us for Dungeons and Dragons! D&D is collaborative tabletop RPG where you create characters and embark on epic adventures guided by a Dungeon Master. Engage in storytelling, strategy, and dice-based combat where your choices shape the narrative. Let's roll!



Yoga w/ Claudia

MONDAY, AUGUST 10 | 5:30-6:30 P.M.

Enjoy an hour of yoga with a certified yoga instructor!



Free Estate Planning

TUESDAY, AUGUST 11 | 10:00-2:00 P.M.

Free estate planning in partnership with Arrive Financial and Insurance Services.



NAMI Family Support Group

WEDNESDAY, AUGUST 12 | 5:00-6:00 P.M.

Do you have a family member that deals with mental health challenges? Join our monthly meetings where families, significant others, and caregivers help one another by sharing their collective lived experiences and learned wisdom to achieve a renewed sense of hope for their loved ones living with mental health challenges.



Volunteer Orientation

THURSDAY, AUGUST 13 | 3:30-4:30 P.M.

SATURDAY, AUGUST 29 | 11:30-12:30 P.M.

A mandatory introductory session designed to prepare new volunteers for their role in the library. Participants will learn about the library's mission, volunteer expectations, customer service standards, safety procedures, and daily responsibilities.

AUGUST 2026

saturday

1.

10:30 Cherokee
Community of Central
California Meeting

monday

3.

2:00 Seniors' Guide to
Gadgets

6:00 Clase de Inglés
Para Principiantes

tuesday

4.

11:30 Baby Cafe
2:00 Seniors' Guide to
Gadgets
5:30 Free Legal Help

wednesday

5. 10:30 Chair Exercises

11:30 Toastmasters
12:00 Vet Connect
5:00 Craft and Chat:
Paint Night
5:30 Citizenship Study Group

thursday

6.

5:30 Game Knight Guild

friday

7.

10:00 Overeaters
Anonymous

11:00 FOL Book Sale

8.

10:00 FOL Book Sale

11:00 Images of America
AUTHOR TALK-Arvin,
Lamont, and Weedpatch
1:00 Dungeons & Dragons

10.

2:00 Seniors' Guide to
Gadgets
5:30 Yoga w/ Claudia
6:00 Clase de Inglés
Para Principiantes

11.

10:00 Free Estate Planning
11:30 Baby Cafe
2:00 Seniors' Guide to
Gadgets
5:30 Free Legal Help

12.

11:30 Toastmasters
5:00 NAMI Family
Support Group
5:30 Citizenship Study
Group

13.

3:30 Volunteer
Orientation

14.

10:00 Overeaters
Anonymous
4:30 Creative Writing

15.

17.

2:00 Seniors' Guide to
Gadgets
5:00 Ukelele Club
6:00 Clase de Inglés
Para Principiantes

18.

11:30 Baby Cafe
1:00 KCGS The Colonies
of Kern County
2:00 Seniors' Guide to
Gadgets
5:30 Free Legal Help

19.

11:30 Toastmasters
5:00 Craft and Chat: DIY
Book Bedazzling
5:30 Citizenship Study
Group

20.

5:00 Drop-pin Sewing
Studio
5:00 Ladies Night: Yoga
w/ Michele Spencer
5:30 Game Knight Guild

21.

10:00 Overeaters
Anonymous

22.

11:00 CCCC
Presents Osioyo!

24.

2:00 Seniors' Guide
to Gadgets
4:00 Junk Journaling
6:00 Clase de Inglés
Para Principiantes

25.

11:30 Baby Cafe
2:00 Seniors' Guide to
Gadgets
5:30 Free Legal Help

26.

11:30 Toastmasters
2:00 Peer-to-Peer
Networking
5:30 Citizenship Study
Group

27.

28.

10:00 Overeaters
Anonymous
4:30 Creative
Writing



29.

11:30 Volunteer
Orientation

31.

2:00 Seniors' Guide to
Gadgets
6:00 Clase de Inglés
Para Principiantes