

Adults' EVENTS GUIDE

Southwest Branch Library

Find us!

8301 Ming Ave
Bakersfield, CA 93311

www.kerncountylibrary.org

Contact us!

email
info@kernlibrary.org
phone
661-664-7716

Hours

Monday - Thursday 10:00 a.m. - 7:00 p.m.
Friday 10:00 a.m. - 6:00 p.m.
Saturday 10:00 a.m. - 4:00 p.m.

Support our Programs!



Join Our Newsletter!



Find us on social!



For more event information, visit our website - www.kclevents.org
Library workshops, performances, and events are FREE and open to the public. We're adding more programs all the time!
At times, programs may be rescheduled or canceled without advance notice.

Kern Family Health Care Presents: Activity & Eating / Breathe Better Asthma Program



Join us as we partner with Kern Family Health Care in learning more on eating healthier, staying active, and asthma advancement.

Breathe Better Asthma Program (English):
Monday, Mar. 2nd | 3:00pm | Community Room

Arrive Financial Services Presents: Free Estate Planning Seminar

This workshop is designed to educate attendees on what an estate plan is, why it is important, and how proper planning can protect individuals and their families.

Topics covered during the event:

- What an estate plan includes
- The purpose of a Will and how it works
- An overview of probate and how planning can help families avoid unnecessary delays and expenses
- How a Pour-Over Will functions within an estate plan distribution of assets
- Appointment of guardians for minor children
- Healthcare decision-making
- Financial decision-making in the event of incapacity
- Reducing confusion and potential family conflict

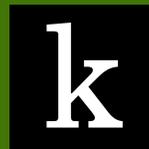
Monday, Mar. 9th | 2:00pm-4:00pm | Community Room

Blue Zone's Project in partnership with Southwest Branch Library Presents: Emotional Art

Emotional Art Class is a creative, therapeutic-style group where participants explore feelings through guided art activities. Using simple materials and no prior art experience, participants are encouraged to express emotions, build self-awareness, and develop healthy coping skills in a supportive and judgment-free environment. This class focuses on emotional expression, reflection, and connection rather than artistic perfection.

Friday, Mar. 13th | 2:00pm - 4:00pm | Community Room

Library Resources



Kanopy



Cloudlibrary

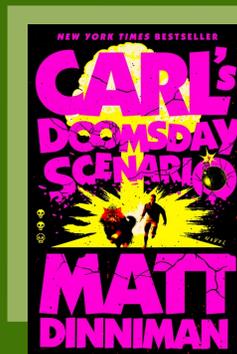
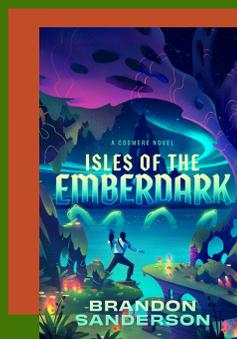
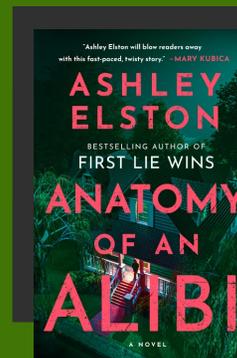
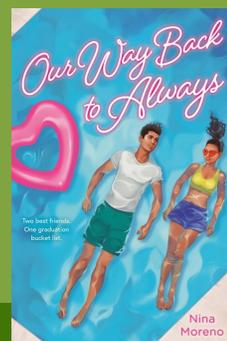


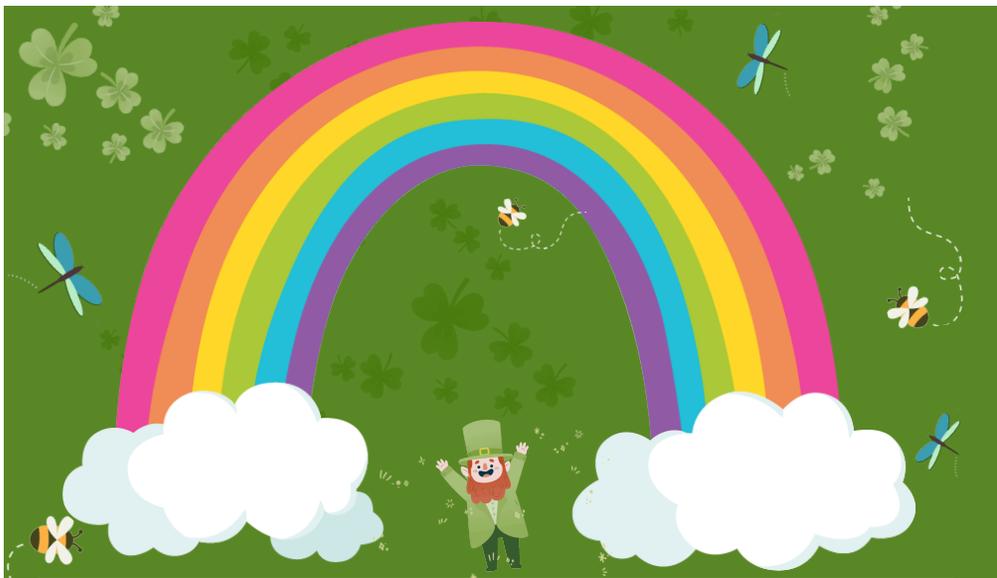
Palace Project



Libby

Book Recommendations





Saint Patrick's Day

S	B	R	R	O	U	L	E	G	E	N	D	E	G
C	N	E	E	R	G	O	C	E	L	T	I	C	Y
F	A	I	R	Y	E	H	S	E	K	A	N	S	C
I	A	E	T	T	B	O	N	R	N	A	O	D	R
I	L	I	I	I	N	L	A	L	O	I	F	L	A
C	H	R	I	S	T	I	A	N	I	T	Y	O	I
R	A	E	E	E	S	D	S	C	T	P	G	G	N
P	I	L	R	N	K	A	D	D	I	A	S	F	B
A	S	A	C	A	A	Y	A	N	D	T	L	O	O
R	A	N	K	C	U	L	F	R	A	R	N	T	W
A	I	D	L	A	R	E	M	E	R	I	O	O	R
D	N	M	A	R	C	H	K	M	T	C	I	P	T
E	T	T	S	H	A	M	R	O	C	K	E	G	F
S	N	U	A	H	C	E	R	P	E	L	I	L	L

PATRICK
LUCK
RAINBOW
HOLIDAY
POT OF GOLD
CHRISTIANITY
SAINT
GREEN
SNAKES
LEPRECHAUN
LEGEND
IRELAND
MARCH
SHAMROCK
EMERALD
PARADE
FAIRY
TRADITION
CELTIC

Play this puzzle online at : <https://thewordsearch.com/puzzle/5451/>



SPECIAL EVENT

Ages 13+

Blue Zone Project presents: Emotional Art
Friday, Mar. 13th | 2:00pm-4:00pm | Community Room

- Emotional Art Class is a relaxed, creative space where feelings turn into art. Through playful, guided art activities, participants use color, texture, and imagination to express emotions no art skills required. This class is all about self-expression, stress relief, and connection in a welcoming, judgement free environment. Come create, explore, and let your feelings lead the way.

EVENTS FOR ADULTS

All Ages **Family Silent Game Night**

Wednesday, Mar. 4th | 4:00pm-5:00pm | Library Center

In Family Silent Game Night, people can learn to use sign language and communication boards to play games.

Ages 60+ **CSUB 60+ CLUB**

Tuesday, Mar. 10th | 1:30pm-2:30pm | Community Room

Unwind with paper crafts! Perfect for seniors who want to explore their artistic side, this program is an excellent way to stay active, social, and connected through the art of paper crafting.

Ages 18+ **Junk Journaling**

Wednesday, Mar. 11th | 5:00pm-6:30pm | Community Room

Join us for an evening of relaxation at the library, where we will journal and create fun art together.

Ages 13+ **Chronicles of Yarnia**

Thursday, Mar. 12th | 5:00pm-6:30pm | Community Room

Get hooked into the fabric arts and join us for a beginner friendly, community crochet session. All materials are provided while supplies last. Bringing your own supplies is also encouraged!

Ages 13+ **Blue Zones Project Presents: Emotional Art**

Friday, Mar. 13th | 2:00pm-4:00pm | Community Room

Emotional Art Class is a relaxed, creative space where feelings turn into art. Through playful, guided art activities, participants use color, texture, and imagination to express emotions—no art skills required. This class is all about self-expression, stress relief, and connection in a welcoming, judgement-free environment. Come create, explore, and let your feelings lead the way.

Ages 13+ **Hand Sewing Club**

Saturday, Mar. 14th | 2:00pm-3:30pm | Study Room

Join our Hand Sewing Club at the library! Whether you're a beginner or an experienced crafter, this club is the perfect space to explore the art of hand sewing.

Ages 14+ **Volunteer Orientation**

Tuesday, Mar. 17th | 5:30pm-6:45pm | Community Room

Sign-up through the Kern County Library Website to join the Southwest Branch Volunteer Orientation.

All Ages **Board Game Night**

Wednesday, Mar. 18th | 4:00pm-5pm | Library Center

Board Game Night at the Library is filled with fun games for all ages. From Monopoly, to chess, to Pokemon there's a game for everyone and every level of experience. Bring your friends, family, and enjoy a fun, action-packed evening.

Ages 18+ **Paint Night**

Friday, Mar. 20th | 4:00pm-6:00pm | Community Room

Join us for a relaxing evening of painting, conversation and soft music playing in the background. Bring your friends and family to enjoy Friday evening at the library!

Ages 18+ **Knit With Us**

Saturday, Mar. 21st | 10:00am-1:00pm | Community Room

Knitters of all levels, join this social knitting community to exchange ideas and get help from others. Bring your own yarn, knitting needles, and imagination!