

Adults' EVENTS GUIDE

Beale Memorial Library

Find Us!

701 Truxtun Avenue
Bakersfield, CA 93301

www.kernlibrary.org

Contact Us!

Phone
661-868-0701

Email
info@kernlibrary.org

Hours

Monday - Thursday
Friday
Saturday

10:00 a.m. - 7:00 p.m.
10:00 a.m. - 6:00 p.m.
10:00 a.m. - 4:00 p.m.

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Women's
HISTORY MONTH

Events for Adults



Chair Exercises with the Independent Living Center of Kern County

WEDNESDAY, MARCH 4 | 10:30-11:30 A.M.

Join the us for chair exercises. Chair exercises are a safe and effective way for people of all ages and fitness levels, especially seniors or those with mobility limitations, to improve strength, flexibility, and balance.



Yoga w/ Claudia

MONDAY, MARCH 9 | 5:30-6:30 P.M.

Enjoy an hour of yoga with a certified yoga instructor!



Volunteer Orientation

SATURDAY, MARCH 14 | 11:30 A.M. - 12:30 P.M.

THURSDAY, MARCH 26 | 3:30 - 4:30 P.M.

Join us for an orientation if you are interested in volunteering at Beale !



Ukulele Club

MONDAY, MARCH 16 | 5:00-6:45 P.M.

Join members of the community to share and learn how to play the ukulele!



Seniors' Guide to Gadgets

MONDAYS & TUESDAYS | 2:00-4:00 P.M.

A personalized program that empowers senior citizens to confidently navigate the digital world. One-on-one, 30-minute sessions offer tailored support to enhance technical skills in a friendly environment.



Clase de Inglés Para Principiantes

MONDAYS | 5-6 P.M.

Learn the basics of the English language (for Spanish speakers).



Baby Cafe

TUESDAYS | 11:30-1:30 P.M.

Free, professional help with breastfeeding, pumping, and bottle feeding.

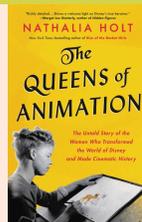


Free Legal Help

TUESDAYS | 5:30-6:30 P.M.

One-on-one free legal help with Victor Vevea and the Law offices of Roger Lampkin.

Read w/ Us Staff Picks

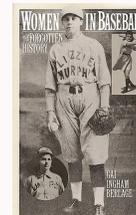


Queens of Animation by Nathalia Holt

From the bestselling author of *Rise of the Rocket Girls* comes the untold story of the women of Walt Disney Studios, who shaped the iconic films that have enthralled generations.

Women in Baseball: The Forgotten History by Gai Berlage

Very few people are aware that women were active in baseball in the United States as early as 1866. In this volume, Gai Berlage reports the histories of the umpires, players, owners, and sportswriters as well as the teams. Professional and amateur teams are covered as well as hard and softball.



Mulligan Magic by Deb Stover

Maureen Mulligan was thrilled to be back in Ballybronagh, surrounded by her lively Irish clan. All she wanted was to keep her teaching job. So why was she suddenly preoccupied with the mysterious new handyman?

Program Highlight

"With *Seniors' Guide to Gadgets*, our goal is to help senior patrons develop basic tech literacy skills for the new digital age. We cover things such as navigating a smart phone, joining public Wi-Fi, accessing Kern County Library's digital resources, reading or sending emails, and uploading or downloading document files. We love to see new faces, so please be sure to talk with a staff member to schedule an appointment!"

-Hana, Library Associate



Events for Adults

Overeaters Anonymous



FRIDAY, MARCH 6 | 10:00-11:00 A.M.

Overeaters Anonymous (OA) is a 12-step fellowship for individuals who struggle with compulsive eating behaviors, including overeating, binge eating, anorexia, and bulimia. It offers a supportive, non-judgmental community where members share their experiences, strength, and hope to help each other recover physically, emotionally, and spiritually.

Cinema Fridays



FRIDAY, MARCH 20 & 27 | 3:30-5:30 P.M.

Come watch a movie on us! Beale hosts two FREE movie screenings per month based on movie genres. The genre for March is Comedy. Laugh out loud with "White Chicks" on March 20th and "The Benchwarmers" on March 27th. Rated PG-13.

Creative Writing



FRIDAYS | 4:30-5:30 P.M.

An opportunity for writers of all backgrounds to generate ideas and stimulate creativity. The setting will be informal and may have a theme. There will typically be a writing prompt and discussion.

Kern River Ramblings w/Lois Henry



SATURDAY, MARCH 28 | 11:00-12:00 P.M.

Join us in our Local History Room for a presentation with local water expert Lois Henry who will be discussing the history of ownership of the Kern River and efforts to re-route the flow.

Dungeons & Dragons



SATURDAY, MARCH 7 & 21 | 1:00-3:00 P.M.

Join us for Dungeons and Dragons! D&D is collaborative tabletop RPG where you create characters and embark on epic adventures guided by a Dungeon Master. Engage in storytelling, strategy, and dice-based combat where your choices shape the narrative. Let's roll!

Film Screening: Blacklisted (ALL AGES)



SATURDAY, MARCH 21 | 12:00-2:00 P.M.

We'll be watching a short documentary about two veterans who are traversing through the struggles that come with deportation from the country they served followed by a Q&A with the film's creator.

Events for Adults

Toastmasters Public Speaking Workshop



WEDNESDAYS | 11:30-12:30 P.M.

Toastmasters representatives provide a fun, safe, supportive environment for library patrons to practice public speaking skills.

Veterans Connect @ Beale Memorial Library



WEDNESDAY, MARCH 4 | 12:00-4:00 P.M.

Meet with a Vet Center representative to get information on insurance benefits, health and wellness services, community support groups, financial assistance, and education, vocational & job training assistance

Kern Family Health Care: Diabetes Education



WEDNESDAY, MARCH 4 & 11 | 4:00-6:00 PM

Health class about diabetes held by Kern Family Health Care.

Craft & Chat



WEDNESDAYS | 5:00-6:00 P.M.

Join us for a fun crafts and good convo here at the library!

March 4: TBD

March 11: Painted Light Switch

March 18: Watercolor Bookmarks

March 25: Mini Button Books

Citizenship Study Group



WEDNESDAYS (MIERCOLES) | 5:30-6:30 P.M.

En este programa para hispanohablantes practicamos materia relevante al examen de naturalización, incluyendo conversación básica en inglés y las 100 preguntas de educación cívica.

Ladies' Night @ Beale



THURSDAY, MARCH 12 | 5:00-6:00 P.M.

Theme: *Paint Night*

Try your hand at painting a special celebrity model's...picture!

Game Knight Guild



THURSDAY, MARCH 5 | 5:30-7:00 P.M.

Come learn a new board/card game each month with Drake. We will be getting together to experience new and exciting games as well as great classics such as Munchkin, Killer Bunnies and more!



MARCH 2026



HAPPY ST. PATRICK'S DAY

monday

tuesday

wednesday

thursday

friday

saturday

2. 2:00 Seniors' Guide to Gadgets
5:00 Clase de Inglés Para Principiantes

3. 11:30 Baby Cafe
2:00 Seniors' Guide to Gadgets
5:30 Free Legal Help

4. 10:30 Chair Exercises
12:00 Vet Connect
11:30 Toastmasters
4:00 Diabetes Education
5:00 Craft and Chat: TBD
5:30 Citizenship Study Group

5. 5:30 Game Knight Guild



6. 10:00 Overeaters Anonymous
4:30 Creative Writing

7. 1:00 Adult Dungeons & Dragons



9. 2:00 Seniors' Guide to Gadgets
5:00 Clase de Inglés Para Principiantes
5:30 Yoga w/ Claudia

10. 11:30 Baby Cafe
2:00 Seniors' Guide to Gadgets
5:30 Free Legal Help

11. 11:30 Toastmasters
4:00 Diabetes Education
5:00 Craft and Chat: Painted Light Switch
5:30 Citizenship Study Group

12. 5:00 Ladies Night: Paint Night!



13. 3:30 Cinema Friday
4:30 Creative Writing

14. 11:30 Volunteer Orientation



16. 2:00 Seniors' Guide to Gadgets
5:00 Clase de Inglés Para Principiantes
5:00 Ukelele Club

17. 11:30 Baby Cafe
2:00 Seniors' Guide to Gadgets
5:30 Free Legal Help



18. 11:30 Toastmasters
5:00 Craft and Chat: Watercolor
5:30 Citizenship Study Group

19.



20. 3:30 Cinema Friday
4:30 Creative Writing

21. 12:00 Film Screening: Blacklisted
1:00 Adult Dungeons & Dragons

23. 2:00 Seniors' Guide to Gadgets
5:00 Clase de Inglés Para Principiantes

24. 11:30 Baby Cafe
2:00 Seniors' Guide to Gadgets
5:30 Free Legal Help

25. 11:30 Toastmasters
5:00 Craft and Chat: Mini Button Books
5:30 Citizenship Study Group

26. 3:30 Volunteer Orientation



27. 3:30 Cinema Friday
4:30 Creative Writing



28. 11:00 Kern River Ramblings w/Lois Henry



30. 2:00 Seniors' Guide to Gadgets
5:00 Clase de Inglés Para Principiantes

31. 11:30 Baby Cafe
2:00 Seniors' Guide to Gadgets
5:30 Free Legal Help

Women's HISTORY MONTH