

January 2025

# Teen

EVENTS  
GUIDE

Beale Memorial Library



**KERN**  
COUNTY  
LIBRARY



# Events for Teens



## Anime & Art

**Ages 12-18** MONDAYS | 4-5 P.M.  
TEJON ROOM

Join us every Monday to watch anime chosen by your votes, streamed through Crunchyroll. While you watch, try your hand at practicing different anime drawing styles and enjoy the fun!



## DIY Soap Making

**Ages 12-18** WEDNESDAY JANUARY 22ND | 5-6 P.M.  
TEJON ROOM

Get hands-on and create your own custom soap bars! Choose from a variety of colors, scents, and molds to design something uniquely yours. All materials are provided - just bring your creativity and join the fun while supplies last!



## Dungeons & Dragons Campaign

**Ages 12-18** SATURDAY JANUARY 4TH AND 18TH | 1-3 P.M.  
LAKE ROOM

Join our tabletop role-playing game where players create characters and embark on adventures led by a Dungeon Master. Explore dungeons, interact with non-player characters, and engage in battles using dice rolls to determine the outcomes of their actions.



## Lego Mindstorms

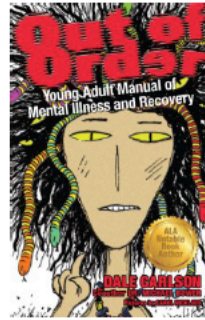
**Ages 12-18** FRIDAYS | 4-5 P.M.  
INFORMATION AREA

Come join us for Lego Mindstorms, where we use Legos to build programmable robots! Test your skills and learn new ones through this monthly program.



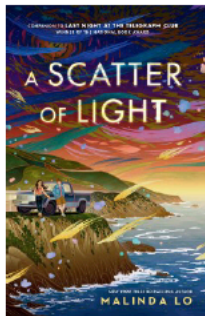
## Martin Luther King Jr. Day

In honor of Martin Luther King Jr. Day, all Kern County Library branches will be closed on Monday, January 20. We will reopen on Tuesday, January 21, with our regular hours of operation. While our branches are closed, our eLibrary is available 24/7! Enjoy access to books, audiobooks, and online resources anytime, anywhere with your FREE Kern County Library Card.



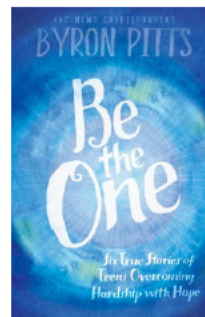
## Out of Order by Dale Carlson

A manual for teens and young adults to help them understand mental illness and recovery. Carlson covers such topics as mental illnesses, suicidal thoughts, personality disorders, learning problems, intellectual disabilities, treatment, and recovery, and discusses treatments, therapies, medications, and support groups.



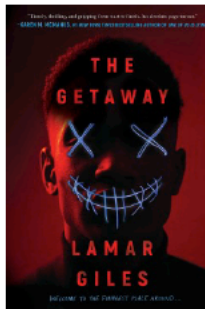
## A Scatter of Light by Malinda Lo

Aria Tang West was looking forward to a summer on Martha's Vineyard with her best friends, but after a graduation party goes wrong, Aria's parents exile her to California to stay with her grandmother, artist Joan West. Aria expects boredom, but what she finds is Steph Nichols, her grandmother's gardener. Soon, Aria is second-guessing who she is and what she wants to be, and a summer that once seemed lost becomes unforgettable. It's the kind of summer that changes a life forever.



## Be the One by Byron Pitts

Emmy Award-winning ABC News chief national correspondent and Nightline co-anchor, Byron Pitts shares the heartbreaking and inspiring stories of six young people who overcame impossible circumstances with extraordinary perseverance. Through stirring interviews and his award-winning storytelling, Byron Pitts brings the struggles and triumphs of these everyday heroes to teens just like them, encouraging all of us to be the source of inspiration in our own lives and to appreciate the lives of others around us.



## The Getaway by Lamar Giles

Jay is living his best life at Karloff Country, one of the world's most famous resorts. Unknown to the employees, the resort has been selling shares in an end-of-the-world oasis. The best of the best at the end of days. Yet Karloff Country didn't count on Jay and his crew--and just how far they'll go to find out the truth and save themselves. But what's more dangerous: the monster you know in your home or the unknown nightmare outside the walls?

# Teen Scene

Join a team of peers and lead programs at the library!

The Teen Scene allows teens to participate in monthly themed programs for other teens!

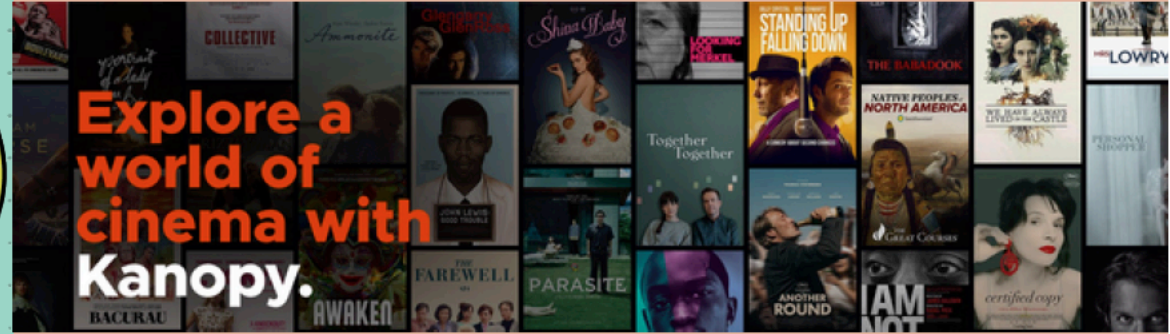
Members have the opportunity to pitch and create their own program they would want to see at the library. We also offer workshops for career training.

Possible Meeting Times:  
Fridays, 4-5pm OR Saturdays, 11am-12pm

**SIGN UP**



For more event information, visit our website - [www.kclevents.org](http://www.kclevents.org)  
Library workshops, performances, and events are FREE and open to the public. We're adding more programs all the time! At times, programs may be rescheduled or canceled without advance notice.



## Enjoy our new streaming service!

With your library card, you now have access to over 30,000 critically acclaimed movies, documentaries, and kids' favorites through Kanopy.



Enjoy this diverse collection on your mobile and tablet devices with apps available for iPhone and Android. Kanopy is also accessible on desktop computers and smartTV platforms like Roku, Apple TV, and Fire Stick.

Explore a diverse range of lectures covering topics such as literature, health, finance, and more! Use the QR Code to sign up with your library card.





How To:

# New Years Resolutions

Take on the year with a flying start! Here are some ways to create resolutions and accomplish them.

## Step 1: Determine what areas of your life you want to improve.

You can create multiple goals for one specific area of life or one goal for multiple areas of life. Some areas of your life could be the following:

- Sleep Schedule
- Time Management
- Study Habits
- Self-Care Time
- Money Saving
- Skill Learning
- Social Media Limiting
- Healthy Habits



## Step 2: Create a specific and thorough list of goals.

In your list, you should focus on three to five main questions.

1. What is the desired goal? Why?
2. How often do I want to complete this goal?
3. What can I do to build toward this goal?
4. How can I help myself when I don't feel like working towards this goal?
5. How can I keep myself excited to complete this goal?

## Step 3: Map out a reasonable time frame to meet your goal.

Some goals don't take a whole year to complete. The time length depends on how long you want to focus on a goal and how impactful of a goal it is. If your goal takes longer than three months, consider making gradual mini goals that will help you get closer to your main goal.

**Example:** I have over 12 hours of social media use and I want to use social media for only 3 hours in the day. I want to achieve this for the summer, but I want to slowly cut down on social media use for the long-term. I want to not use social media at night, so I will cut off use after 8pm. I want to start this habit through the weekdays and have free use days during the weekend.

# Word Search

Theme: *Self Care*

I	C	U	I	S	N	L	A	C	R	D	H	P	E	T	S
A	V	Y	E	A	R	L	I	B	R	A	R	I	A	N	L
N	E	O	S	B	E	A	D	R	N	A	L	T	U	G	I
X	S	T	N	O	N	W	P	I	E	T	O	A	P	V	T
T	G	R	A	P	H	I	C	N	O	V	E	L	H	O	E
M	E	V	C	H	E	C	K	O	U	T	K	A	N	B	R
L	C	I	K	O	U	N	S	D	A	H	I	H	S	J	A
I	R	G	S	P	S	U	M	M	E	R	N	O	T	T	C
B	E	H	A	B	O	O	O	K	E	R	N	O	A	T	Y
R	A	M	M	E	R	Z	U	I	T	Y	B	P	C	M	E
A	D	B	E	A	N	S	T	A	C	K	O	L	K	F	X
R	E	N	C	L	I	B	B	Y	I	F	O	A	S	W	P
Y	R	K	H	E	P	A	T	R	O	N	K	B	Z	L	N

PATRON  
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## find us!

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701 Truxtun Avenue  
Bakersfield, CA 93301

[www.kernlibrary.org](http://www.kernlibrary.org)

## contact us!

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phone  
661-868-0701

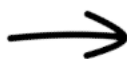
email  
[info@kernlibrary.org](mailto:info@kernlibrary.org)

## hours

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Monday - Thursday	10:00 a.m. - 7:00 p.m.
Friday	10:00 a.m. - 6:00 p.m.
Saturday	10:00 a.m. - 4:00 p.m.

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