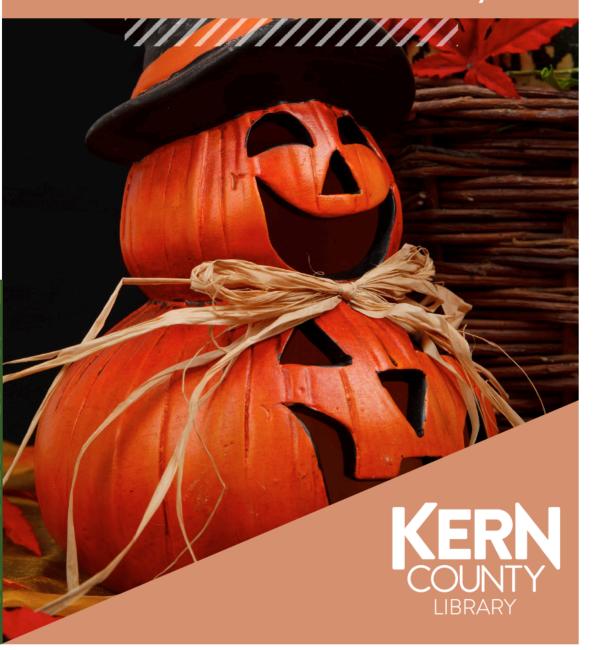
# Adults' EVENTS GUIDE

Beale Memorial Library







# Yoga with Claudia

OCTOBER 14th | 5:30 - 6:30 p.m.

Stretch, breathe, and find your zen! Join us for a relaxing hour of yoga led by a certified instructor. Perfect for beginners or seasoned yogis - everyone's welcome to flow with us!

#### KCGS Eccentric Life Truxtun Beale

OCTOBER 15th | 1 - 2:30 p.m.

Robert Petersen and KCGS presents an event about Truxtun

### Integrative Soundbaths w/ Heart Space Collective

OCTOBER 17th | 5:30 - 6:30 p.m.

Integrative Soundbaths is a medative practice with resonate music used to help relax and relieve stress. The program will also do breathing exercises and meditation.

#### Learn to Tat

OCTOBER 18th/19th  $\mid$  10 a.m. - 12 p.m. OCTOBER 22nd  $\mid$  5 - 7 p.m.

Discover the timeless art of tatting! Learn how to create beautiful lace designs and craft your own unique pieces like jewelry, doilies, bookmarks, Christmas ornaments, keychanins, and so much more!

#### Knit with Us!

OCTOBER 19th 10 a.m.- 12 p.m.

Exchange crafty ideas and receive informal help from others in our social knitting community! With knitters of all levels of experience, bring your yarn, and knitting needles, and imagination!

# hours

Monday - Thursday Friday Saturday

# find us!

701 Truxtun Ave. Bakersfield, CA 93301 www.kernlibrary.org 10:00 a.m. - 7:00 p.m. 10:00 a.m. - 6:00 p.m. 10:00 a.m. - 4:00 p.m.

#### contact us!

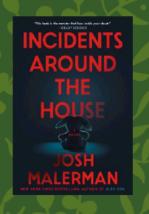
email info@kernlibrary.org phone 661-868-0701

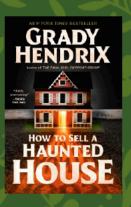
Sign up for our e-mail newsletters!





# Spooky Halloween Reads









Find us on social!











