

presented by the Kern County Library

### TAKE THE CHALLENGE

Ages 0-100+ are invited to read this Summer! Children & teens who read 10 books or for 10 hours by July 31, 2023 can win a FREE book from the Friends of the Kern County Library, Inc. & other prizes (while supplies last).

### Read 10 Books or Read For 10 Hours

#### THERE'S **EASIER** AN WAY TO TRACK YOUR READING!

Sign-up on Beanstack on your phone or computer to track your reading, earn digital badges, record reading sessions, and manage family accounts.

Visit kernlibrary.org to sign-up online.

Search "Beanstack Tracker" on the Google Play & Apple Stores.

### **Beanstack Notes:**

4						
2						
3						
4						
-						
5						
6						
U						
7						
8						
0						
9						
10		_			· »	
Parent Signature						



# HOW PARENTS CAN KEEP CHILDREN & TEENS LEARNING & ENGAGED ALL SUMMER LONG!

The Kern County Library Summer Reading Challenge encourages children and teens to read what they want over the Summer months, which helps instill a love of recreational reading. Numerous studies show that those who read for fun during the Summer out-perform others once back in school. The KCL Summer Reading Challenge offers FREE events and programs for all ages, exposing residents to new skills, ideas, and learning opportunities.

Visit KCLsummerchallenge.org to learn more about Summer Reading, sign-up online, view events, download printable content, & more!

## P.S. Summer Reading is for Adults too!!

When parents model reading, it helps show children there's enjoyment in reading and purpose in learning. When adults read for themselves, they enjoy a range of benefits including enhanced empathy toward others, a reduction in stress, a lower blood pressure and heart rate, and it also prevents cognitive decline as you age!

### WAYS TO PARTICIPATE



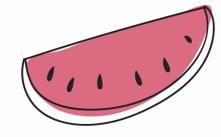
#### TAKE THE CHALLENGE

Ages 0-100+ are invited to read this summer! Sign-up on Beanstack and track your reading. Children and teens who read 10 books or for 10 hours by July 31, 2023, can win a FREE book (while supplies last)!



#### **EXPRESS YOURSELF**

Attend programs & events at your library and Find your Voice. Programs are available for all ages and bring the excitement of the library to your summer plans! Visit KCLevents.org for our complete calendar!



### FUEL YOUR MIND

All locations offer Lunch at the Library and activities (while supplies last), which is entirely **FREE** for children ages 2-18. Visit **kernlibrary.org** for a list of serving days and times.